

Youth and Family Coalition

6.13.2022

4:00 p.m. – 6:00 p.m.

Virtual

Meeting called by: Tri Lead Kate Foster

Note taker: Maria Arreola

Attendees: Megan Boyle, Salina Bass, Kate Foster, Ryan O’Donnell, Liz Wellhelm, Rachel Zakaopyko, Angela Fraser-Powell, Alyssa Saupe system, Archelle Ramos, Salina Bass, Starleen Maharaj-Lewis, Alina Denman, Maximo Moreno, Sondra Archuleta, Adair Jewell, Dawn Scott, Val Jones

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

Tribal Outreach – Archelle Ramos Health Care Authority North Sound Tribal Liaison

4:00 – 4:45

ACTION: Action/Decision () Discussion (x) For Information Only ()

- Archelle supports the tribes in the North Sound. The eight tribes are Tulalip, Stillaguamish, Suak-Suiatte, Swinomish, Upper Skagit, Lummi, Nooksack and Samish.
- Tribes face barriers accessing resources such as transportation, housing medical. Each tribe is different in accessing resources.
- It is important to tell tribal communities of the resources, to not assume they know.
- Building and understanding the relationships with tribal communities should come with sensitivity.
- We need to meet tribal communities where they are. Let them be the leaders in how we can provide them the resources.
- How can YFC better engage tribal communities to fill the gaps?
 - Engage in tribal community meetings
 - Have an active role to listen and learn
 - Make meetings more grounding to help support and connect
 - Slow down the meetings to build the rapport
 - Allow tribal members to speak. Allow space for questions
 - Have a platform for multiple platforms of communication
 - Create a space to have them learn and speak

- Each tribe has their own needs. What works for one will not work for the other. Priority levels are different for each tribe.
- Tribal communities value the outreach. It shows the willingness to care and support.
- It is helpful to network with healthcare providers and programs in the area that are unfamiliar to serve the tribal communities. This help bridge the gaps of how they can better serve tribal communities.

Introductions, Updates, and Announcements

4:50 – 5:15

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- June 28th 9:00 a.m. – 4:00 p.m. this workshop is customized for school-based student support professionals focused on community leaders. This will be held at the ESD in Anacortes. Register at: <https://forms.gle/8ttPgo2mMyivH4ea9De>
- Safe Family Planning training for Facilitators will be held August 2-4. <https://extension.wsu.edu/whatcom/fch/sfp/>
- Northwest youth services housing for 18-24 age youth. Drop in hours 9-4 are on Wednesday's. Northwest Youth Services Outreach number is 360-393-0036
- Youth who complete this survey will receive a \$35 compensation. This feedback is needed to enhance engagement and support of youth leadership and youth peer workforce in Washington
https://youthmovenational.iad1.qualtrics.com/jfe/form/SV_bkNK1TEVxHVZyDAMo
- Youth liaison position is open
https://wsu.wd5.myworkdayjobs.com/en-US/WSU_Jobs/job/Youth-Liaison-Program-Manager_R-5921

Conclusion/Outcomes

Sharing of events from agencies and counties

WISe Data – Megan Boyle Compass Health

5:15 – 5:45

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Brief of the WISe Program

Discussion Points:

- It was suggested to determine the time of year this update will be given.
- Important to gather information from this committee to be reported on. This will help MCOs determine which information to be reported back on.
- Wraparound With Intensive Services (WISe) Medicaid only serving ages 3-20. Within WISe there are specialized teams to serve individuals in the program. Referrals can come directly from families, Managed Care Organizations or from anyone. It is a goal to make it easier for families to access resources of what they need. WISe is a 24/7 team.
- One challenge during COVID was to reach capacity due to a workforce shortage. It is difficult to recruit for open positions. The need for Peers is high. Peers are a critical piece of the success to the WISe program.
- Our region is serving 75% – 85% of total capacity every month.
- Individuals have been staying longer due to beginning to meet in person. Families are still choosing Telehealth. Most services are now being held in person.
- Referrals to CLIP are low which is a good sign configuring the youth that are referred to WISe are at the most critical level of need.
- In WISe families feel supported, families are engaged,
- <https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0>
- <https://fortress.wa.gov/hca/wisebhasreports/NorthSound.html>
- Concerns around youth behavioral health due to increase mental illness and suicides.
- There are no waiting lists. There is an interest list.
- In the YFC Strength and Needs Assessment the need for Peers was a topic of interest. It was recommended to have this move forward to the state level FYSPT. The need for peers is high but the requirement to have Peers be certified. This creates an issue for agencies.
 - Will the committee be open to communicating with the ASO to bring more youth and family training to the region, even though the waitlist is short?
 - Will the committee be open to having a discussion in creating a statement to bring to the state level FYSPT
 - It was recommended to bring awareness for individuals to become certified Peers and not specifically in WISe. This will bring attention that certified Peers can be successful in any capacity in the field.
 - It was recommended to offer trainings for Peers in the evening.
 - What is working in other areas?
 - What was working before is hiring Peers that were not certified. Non certified Peers could begin working while doing the training to get certification.

<ul style="list-style-type: none"> ▪ What are the next steps? Does the committee want to learn about or the ask of the MCOs of certain data? <ul style="list-style-type: none"> • Outcome data if families are able to meet goals when services are terminated. Are there systemic issues for individuals to reach those goals.
Conclusion/Outcomes
Continuing to update the committee with WISe data

Opioid Epidemic Update – Kris Shera, State Opioid Coordinator, DBHR	
5:45 – 6:00	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview:	
<ul style="list-style-type: none"> • Link available in regards to the state opioid response https://www.hca.wa.gov/about-hca/behavioral-health-recovery/state-opioid-response-sor-grant • Speaker not able to attend this meeting. 	
Conclusion/Outcomes	
Resource to the opioid response plan	

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points:	
<ul style="list-style-type: none"> • Evaluations link sent to committee 	
Conclusion/Outcomes	
Committee will complete the online evaluation	

Next meeting is - Monday, June 13, 2022, from 4:00 pm – 6:00 pm