

Youth and Family Coalition		
10.11.2021	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:		
Note taker:	Maria Arreola	
Attendees:	Starleen Maharaj-Lewis, Kate Foster, Megan Boyle, Val Jones, Kaleb Maharaj-Lewis, Ryan O’Donnell, Caileigh Robinson, Johanna Bergan, Linda Pacheco, Lisa Moulds, Salina Bass. Kate Foster, Tona McGuire, Danielle Eidenberg, Marci Bloomquist, Samantha Kiyota, Kari Holley, Marco Morales, Mary Franzen, Mallari Marley	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p> <p>Announcements:</p> <p>Sean Heans, Community Engagement Specialist and Danielle Eidenberg, Senior Education Ombuds spoke about the Washington State Governor’s Office of the Education Ombuds. Program is designed to work with families and schools to address education barriers. Staff connect families to system partners if services are needed. Community trainings are offered to educate families about public education. The Ombuds help families navigate the system.</p> <p>https://www.oeo.wa.gov/en The link to the website will be posted on the YFC website for family resource.</p>

Presentation – Youth Outreach that Works	
4:20-5:20	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
DOH Youth Behavioral Health Situation Impact Report Tona L McGuire is currently the DOH Strike Team Co-Lead, representative for the Disaster Clinical Advisory Committee which advises the Secretary of Health.	

Dr. Vasiliki Georgoulas-Sherry is the COVID 19 Epidemiologist, Behavioral Health Surveillance Advisor for the Division of Emergency Preparedness, Resilience and Response for Washington State.

- Developed by combining academic literature, data sources and expertise of the DOH BH Strike Team.
- Report is a monthly
- Has trends of government actions, anticipation of COVID to plan a head, social and economic impacts.
- Situational reports are weekly
- Monthly youth reports
- Aging population reports
- Regional report
- Disasters come and go in phases. A BH impact relation to each phase of the disaster occurs.
- Phases include, Impact, Heroic, Honeymoon, Disillusionment, Secondary Impact, Secondary disillusionment, Reconstruction.
- Disaster Cascade Impact
 - Entering in a second disaster of burnout, compassion fatigue
 - When the Delta variant hit this was a significant impact
 - Workforce shortage, supply shortage
- Areas of focus for business and workers
 - Vaccine mandates and deadlines for vaccination will have a shift in group dynamics
 - Companies and agencies have shift in workloads, job roles that have emotional and behavioral responses for some.
 - Grouping thinking can influence workplace and social cohesion
- Potential violence and aggression are increasing due to hardening opinions during the pandemic
- Fight or Flight our nervous system is affected. We can't manage our behavior that well. Learn how to do active listening to overcome the wave.
- De-escalation and active listening to support others.
- Plan and think through of ways to help yourself calm down. Coping styles.

Situational Report youth BH

- Weekly report is to track what is going on. The standard report looks at the entire population of WA state.
- Youth reports on 5-18 of age.
- For all population ED visits returned to pre-COVID levels and has a shown recent increase.
- Six syndromic indicators through the week of August 15
 - Suicidal Ideation and Suicide Attempt ED Visits
 - All Drug Relation ED Visits
- COVID 19 Vaccinations for 12-17 children data collected 60% have received vaccination. Those who have not received the vaccine have looked at not getting,
- Top 4 BH from hospital discharges
 - Conduct Disorder
 - Major Depressive disorder with psychotic symptoms
 - Major Depressive disorder severe without psychotic features
- Juvenile Offender Findings

- Sex Crimes, Robbery, Assault, Theft/Burglary, Motor Vehicle Theft
- Juvenile Offender Case Completions and Sentence – Judgement of guilty
 - Community Supervision only
 - Detention
 - Detention community supervision
 - State commitment
 - Local commitment
- Mental Illness Filings (Minor)
- Child Custody and Marriage Dissolution with Children

Update Goal 3

5:20 – 6:00

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

To Equitably increase youth and family involvement from all five counties in the North Sound region

- Begin with the end in mind – Benchmarks have a shared vision
- Everyone understands their role
- Ensure YFC is a welcoming space
- Youth adult Partnership definition – youth partners planning and running outreach
- It was suggested to lower the number of membership requirements.
- Create a benchmark to highlight county outreach. Listening and learning session with youth incentives on why they are not attending.
- Suggested to form an Outreach Committee. Task to have youth only on the discord, creating online workshops and having a YFC certificates.

Vote occurred to adopt Goal 3. Goal adopted.

Conclusion/Outcomes

Discussion of the change in Goal #3 to adopt in the Workplan

Marketing and Outreach Update

5:20 – 5:45

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- Caleigh our Youth Tri Lead has developed a new look to the Instagram, Facebook, and a new logo.
- Review of the YFC Site structure
- New Colors and Logo have been designed

Conclusion/Outcomes

Information given to the group regarding the upgrade to the website design

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none">• Evaluations link sent to committee	
Conclusion/Outcomes	
Committee will complete the online evaluation	

Next meeting is - Monday, November 8, 2021, from 4:00 pm – 6:00 pm