

Youth and Family Coalition

5.10.2021

4:00 p.m. – 6:00 p.m.

Virtual

Meeting called by: Tri Lead Kate Foster

Note taker: Maria Arreola

Attendees:

Charles Messinger, Nora Karena, Kate Foster, Lisa Helsen, Linda Pacheco, Val Jones, Michelle Osborne, Salina Bass, Alexandria Scott, Ryal O'Donnell, Caileigh Robinson, McKenzie Templeton, Megan Boyle, Marissa, Jay Rose, Raven, Stephanie Grant, Mallari Marley, Starleen, Rebecca Snearly, Melanie Streight, Mary Jo, Mario Banuelos, Sondra, Kristi Slette

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

Recommendations from Equity and Inclusion – Youth Leadership Program

4:20-5:20

ACTION: Action/Decision () Discussion (x) For Information Only ()

— Jay introduced the Youth Leadership Program.

This was a 14 week project focused on youth connection, community, youth adult partnership, antiracist training, skill building. Youth collaborated to create two working documents for the North Sound YFC addressing cultural humility and equity and inclusion.

— Workgroup members are

- Valerie Jones
- Jay Rose
- Marissa Collins
- Mario Banuelos
- Caileigh Robinson
- Alexandria Scott
- Afreen Jeelani
- Anusha Jeelani
- Madison Osborne

A team of trained youth was formed to help support and guide the North Sound YFC.

- The goal was accomplished to bring an updated cultural humility goal, a working assumptions document that advances equity and inclusion and an outreach plan on youth engagement, accountability and collaboration.
- The results set benchmarks for racial equity and cultural understanding and influenced community agreements and values. The outreach plan highlights recommended action steps.
- Racial Equity and Cultural Understanding Goal: To nurture a culture of intersectional antiracist social equity.
- Benchmarks were set to see if our choices to end antiracism are working.
 - Membership should include at least 5 youth from each county and at least 51% identifies as either a youth partner or a family partner
 - Membership mirrors the racial, gender, sexual orientation, ability, age and socioeconomic status of the region as a whole.
 - Youth parents, family members and community partners who are Black, Brown, Indigenous or Migrants, and also those who are Lesbian, Gay Bisexual, Trans, Non-binary, Queer or Two-Spirit, experience YFC as positive safe and brave.
- Working Assumptions: Values
 - We value youth and families who seek behavioral healthcare
 - We value caring collaboration between youth and adults
 - We value youth self determination
 - We value the work that youth and families do to advance equitable and inclusive behavioral health services in the North Sound region
- Suggested Outreach Goal
 - To have equitable and meaningful youth and family participation for all five counties in the North Sound region.
- Recommendations for Further Action
 - Develop a positively engaged youth-adult partnership outreach committee that meets regularly to plan outreach activities that answer emergent community needs.
 - Develop a compensated youth-adult partnership social media outreach projects on Instagram and TikTok
 - Identify opportunities to stand in solidarity and build coalition with folks in the North Sound who are Black, Brown, indigenous or Migrants, and also those who are Lesbian, Gay, Bisexual, Trans, Non-binary, Queer or Two-Spirit
 - Engage marginalized youth and families in each county with:
 - Age appropriate, inclusive and easily translatable outreach materials
 - Youth and family led, agency supported presentations for youth about system partners and their services
 - Add partners to website
 - Outreach videos

The committee recognized Michelle, Nora and Val for guiding the youth during the 14 week project.

Planning for Annual Strengths and Needs Assessment	
5:20 – 6:00	Agenda Topic
ACTION: Action/Decision (X) Discussion () For Information Only ()	
<ul style="list-style-type: none"> — Jay lead discussion into goals and strengths for improvement. — Would like to shift focus on education. Teachers see when youth have behavioral issues. Youth seek help in the education system. We should support educators to bring the resources to them. <ul style="list-style-type: none"> ○ A group of individuals put together a paper to address teachers as human services individuals. School is a trusted source for students and families. ○ Creating a new website, social media and flyers. Putting everything in one spot so families and students have access to the resources and or what YFC is. ○ Ask educators of what they need? What would be helpful in their perspective. Surveys can be created 	
Conclusion/Outcomes	
Discussion to brainstorm what has been working and next steps.	

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none"> • Evaluations link sent to committee 	
Conclusion/Outcomes	
Committee will complete the online evaluation	

Next meeting is - Monday, June 14, 2021 from 4:00 pm – 6:00 pm