

Youth and Family Coalition

6.14.2021

4:00 p.m. – 6:00 p.m.

Virtual

Meeting called by: Tri Lead Kate Foster

Note taker: Maria Arreola

Attendees:

Starleen Maharaj-Lewis, Kate Foster, Lisa Moulds, Sondra Archuleta, Megan Boyle, Salina Bass, Dawn Scott, Tonya Bieche, Val Jones, Kaleb Maharaj-Lewis, Kate Naseth, Julie Butschli, Jerri Clark, Jordan Rosa, Mario Banuelos, Wendy Bartholomew, Linda Pacheco, Paul Davis, Angela Fraser-Powell, Rachel Zakaopyko, Katie Maehl, Adair, Chris Cochran, Juan Arreguin, Megan Boyle

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

- Juan Evictions Coordinator from North West Youth Services [NWYS] spoke of individuals who are in need of rental assistance. They are able to help 18-24 with rental assistance. The program can pay up to 12 months of rent. Back rent, future rent and current month.
- Family Initiated Treatment <https://wapave.org/adolescent-health-care-act-provides-options-for-families-seeking-mental-health-and-substance-use-help-for-young-people-resistant-to-treatment-2/>
- NPR article of youth receiving successful access to care with school and community partnerships <https://www.npr.org/sections/health-shots/2021/05/26/1000400903/n-y-hospital-schools-aim-to-improve-kids-access-to-mental-health-provider>
- Washington Children's Behavioral Health Article <https://wapave.org/mental-health-education-and-support-at-school-can-be-critical/>
- ARC of Washington <https://arcwa.org/parent-to-parent/map/>

Presentation – WISE Data, HCA and WISE Providers

4:20-5:20

ACTION: Action/Decision () Discussion (x) For Information Only ()

Jay introduced Paul Davis.

- Paul provided a brief introduction of the WISE program services and goals.
- WISE is a voluntary service to meet the child's youth and family needs.
- WISE principles
 - Family Youth Voice and Choice
 - Team Based
 - Natural Supports
 - Collaboration
 - Home and Community Based
 - Culturally Relevant
 - Individualized
 - Strengths Based
 - Outcome Based
 - Unconditional
- Medicaid eligible
- WISE Team consists of
 - Care Coordinator
 - Therapist
 - Youth Peer
 - Family Peer
 - All receive supervision and coaching from the agency.
- Wrap around Model.
- Workforce shortage is challenging.
- Parent to Parent training is a good connection for families to keep them connected while waiting for WISE treatment. YFC should be connected with this program to expand this tool to families.
- Strengths in 6 months of assessments compared to 3 months assessments in 2020.
- Providers need to be acknowledged to continue to serve families during the pandemic.
- A challenge during the pandemic is we reduced there needs due to availability.
- Community based interventions were reduced during the pandemic.

Meeting Effectiveness Discussion

5:20 – 6:00

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

— What is working?

- Agenda topics have remained interesting.
- Dialogue during presentations.
- Being receptive to what people say.
- Time is always made to hear concerns and views.
- Welcoming to new individuals who join.
- Staff have created an open platform to have seamless conversations.
- A good job to have views of the systems to be connected.
- Youth voices are being heard. Youth are being authentically engaged. Empowering youth to speak their minds and feel comfortable in their own spaces.

— What can we improve on?

- Ways to make meetings more intriguing.
- More representation from Snohomish county and San Juan counties. Grow the group to other regions. How their contributions can be helpful.

— There are other meetings in regions that do the same as this committee. That is why this meeting is not useful to other individuals.

— What would work?

- Having staff from agencies attend and how they can support youth in there needs.
- Connections with the ESD to get the entire region involved.
- Tribal Connections/partners
- North Sound ACH connection
- Committee to review the outreach planning to youth and structure the presentation cycles. This will help draw in individuals from other areas in a meaningful way.

Conclusion/Outcomes

Discussion to brainstorm what has been working and next steps.

Mobile Response and Stabilization Services

5:20 – 6:00 Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- Chris spoke on the Mobile Response Stabilization Services related to youth and families.
 - Children’s Crisis Model
 - Being able to respond without Law Enforcement.
 - Single point access
 - Crisis is defined by Parent/Caregiver.
 - Stabilization services up to 8 weeks/Follow up care.
 - Peer support for youth and parents
 - Some families have distrust for law enforcement to be involved with crisis situations.
 - It will be interesting to see the data after the model is in place. Specific data on how many people of color were referred to law enforcement involvement.
 - Recent reform bills will impact how families are responded to.
 - Are there systems in your county that are working or up and coming related to youth and families?
 - Jordan spoke on success collaboration with the PAD associated with North West Youth Services around LGBTQ with different levels of needs for housing. Jordan collaborates with Options High School and with Discovery.
 - The PAD is for 13-17 years of age. Provide support and structure. Youth can stay there for a brief time and go home, or they can find a more permanent placement. This is interchangeable. For instance, a youth can move from the Oasis and the PAD if needed. Youth can stay longer during COVID. The PAD supports youth in their goals such as employment and education.
 - DVSAS

Conclusion/Outcomes

Discussion to brainstorm what has been working and next steps.

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

Committee will complete the online evaluation

Next meeting is - Monday, May10, 2021 from 4:00 pm – 6:00 pm

