

## Youth and Family Coalition

<b>1.11.2021</b>		<b>4:00 p.m. – 6:00 p.m.</b>	<b>Virtual</b>
Meeting called by:	Tri Lead Kate Foster		
Note taker:	Maria Arreola		
Attendees:	Ryan O’Donnell, Starleen Maharaj-Lewis, Wa’Lynn Sheridan, Kate Foster, Val Jones, Marissa Collins, Megan Boyle, Kristie Slette, Lisa Moulds, Paul Davis, Heidi Hixson, J.R. Bigelow, Sondra Archuleta, Adair Jewell, Kate Naeseth, Nora Karena, Dawn Scott, Kari Samuel, Salina Bass, Lisa Helen, Steve Morse, Jerri Clark, Mary Jo Durborow, Michelle Osborne, Katrina Johnston, Kristi Slette, Tina Burrell		

### Introductions, Announcements and Updates

#### Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

- Nora Karena and Michelle Osbourne have entered a contract with the North Sound YFC. Michelle and Nora will provide assistance to ensure services provided to youth and families in the region are equitable regardless of race, gender and ethnic background. This is a 14 week project. Michelle’s work is in diversity, social equity, anti-racism work and emphasis of ending violence against women and children. Michelle has a history of working with communities to end racism. Michelle has worked with homeless and street youth and developed a youth leadership program. Nora is an anti-racism organizer, trainer and facilitator and experienced socio-cultural researcher. Nora focuses on antiracist management policy and systems impacted by oppression. The voices of youth will be supported and highlighted in the process. The youth will be developed in leadership skills and advocacy and the community will learn how to support those learned skills. The advocacy will be about ending oppression and ending disparities and discrimination that youth in the community face. The launch will begin at the February meeting. The training sessions will begin after which are 4, 90 minutes sessions on Saturdays. After the trainings outreach will begin. A virtual retreat will be held in April. A findings presentation will be brought back to the group and a wrap party to end the 14 week project.

### Presentation – Intro to Restorative Practices: Discipline and the School to Prison Pipeline

4:25-5:20

ACTION: Action/Decision ( ) Discussion (x) For Information Only ( )

## Overview: Kate introduced Steve

### Discussion Points:

- In Bellingham mental health support has grown significantly from access to Mental Health Professionals in schools and relationships with community based mental health agencies
- Restorative Practices is a philosophy not a program
- It is about who we are and who want to be. This is not about checks and balances of traditional discipline. Who do we want to be as individuals, a school network and system. How we make it better not as a discipline system. This works to show that schools reflect that it is not about a discipline system but how they treat, educate and work together for a better outcome.
- Male and students of color and individuals with disabilities are suspended or expelled at a much higher rate.
- Do restorative practices work?
  - Rates dropped significantly
  - Nothing is fool proof. This does not work with every youth.
- Effectiveness of punishment when it changes. The system should show kindness and teach individual's
- Embrace healing and inclusion.
- High control is needed in this practice
- When an individual causes harm to another person you investigate how this effected the victim, community and school
- Don't spend a lot of time of asking the child why. Look at how to make it better and what happened. Society spends to much time of asking why.
- The practice honors the victim
- What were strategies to get parents on the side of this?
  - Parents knowing the child would be safe. They would understand the concept. Safety plans are put in place. Regular consistent check-ins with the child.
- Data trend from youth transitioning from stages of school
  - It matters on the youth. It could be a successful transition through the remaining school years. Some kids are making it.
- Whatcom county has a juvenile diversion program. Community organizations come in and work on conflict resolution with the youth and families

### Conclusion/Outcomes

- Informative education to participants regarding restorative practices

<b>Youth Peers on Crisis Outreach Teams</b>	
5:20 – 5:45	Agenda Topic
ACTION: Action/Decision (X) Discussion ( ) For Information Only ( )	
<ul style="list-style-type: none"> <li>○ Val spoke on building capacity to create the services targeted to youth               <ul style="list-style-type: none"> <li>○ Peer support and street outreach is needed</li> <li>○ Homeless shelters for youth offering them more funding. When youth go to a homeless shelter most often, they are in a crisis. If they are in a crisis, they may not be able to access a homeless shelter.</li> <li>○ Are the homeless staff trained in deescalating or youth mental health training offered to staff.</li> <li>○ A legislative proposal for a new crisis phone number 988 system that will be integrated to VOA.</li> <li>○ Who is an advocate to the youth to access care? Is there a youth crisis system who isn't an immediate family to get started in care?                   <ul style="list-style-type: none"> <li>▪ Family Initiated treatment to help youth get into services.</li> <li>▪ Whidbey Island has gotten WISe referrals from schools liaison</li> </ul> </li> </ul> </li> <li>○ Val spoke to working with the BH-ASO in leadership               <ul style="list-style-type: none"> <li>○ Those who are interested in helping the ASO please contact Val</li> </ul> </li> </ul>	
<b>Conclusion/Outcomes</b>	
Collect information on ways to improve the youth crisis system needs.	

<b>WISe Data</b>	
5:45 – 5:55	
ACTION: Action/Decision ( ) Discussion (X) For Information Only ( )	
Overview: Review data to ensure system is serving individuals in the region	
Discussion Points: <ul style="list-style-type: none"> <li>○ Demographic and Geographic Characteristics               <ul style="list-style-type: none"> <li>○ Who was actually served in WISe</li> <li>○ Who we thought was served in WISe</li> <li>○ 18-20 of age group needs improvement</li> <li>○ What is not seen are the outcomes</li> </ul> </li> <li>— The stigma and medical misunderstanding of individuals is a barrier</li> </ul>	
<b>Conclusion/Outcomes</b>	

<b>Evaluations</b>	
15min	
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none"> <li>• Evaluations link sent to committee</li> </ul>	

Conclusion/Outcomes
<ul style="list-style-type: none"><li>• Committee will complete the online evaluation</li></ul>



**Next meeting is - Monday, December 14, 2020 from 4:00 pm – 6:00 pm**