

Youth and Family Coalition		
2.8.2021	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:	Tri Lead Kate Foster	
Note taker:	Maria Arreola	
Attendees:	Ryan O'Donnell, Starleen Maharaj-Lewis, Wa'Lynn Sheridan, Kate Foster, Val Jones, Marissa Collins, Megan Boyle, Lisa Moulds, Sondra Archuleta, Nora Karena, Salina Bass, Lisa Helen, Mary Jo Durborow, Michelle Osborne, Jamie Betz, Lisa Engereth, Danika Hollefreund, Johanna Bergan, Raven Holtz, Rachael Z, Madeline Zielinski, Tonya Bieche	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p>

Presentation – Equity and Inclusion Launch	
4:25-5:20	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
<ul style="list-style-type: none"> • Community agreements to remind participants of connections of respect and dignity. <ul style="list-style-type: none"> ○ Respect yourself and others ○ No quick fixes to the issues that come before the group. ○ Allow your growing edges to keep growing. Allow yourself to reflect and engage, participate. Know when you are uncomfortable that you are growing and learning. ○ No closure now or ever. Not having closure is a good thing this keeps opportunities open. • At the end of the 14 week project these goals will be completed <ul style="list-style-type: none"> ○ The project will work on an assumptions document that advances equity and inclusion ○ An outreach plan with guidance on youth engagement, accountability and collaboration ○ An updated five-year strategic plan cultural humility goals • The group was asked what is racism? 	

- Racism is racial prejudice plus power. Racial prejudice is not just prejudice but racial prejudice. Power means it is about who holds the dominant systemic power in society and how they use that.
- Racism is the marriage of racist policies and racist idea that produce and normalize racial inequity.
- Racial inequity is when two or more racial groups are not standing on approximately equal footing.
 - 14% of U.S. youth are Black/African American
 - 22% of U.S. youth entering foster care as Black/African American
 - 51% of U.S youth are white
 - 46% of U.S. youth entering foster care are white
- Good policy is the good antidote bias. If we can change people’s minds we can change policy.
- When people are looking at inequities you compare the people of color compared to people of color in prison.
- Racism asks: What’s wrong with a person? What’s wrong with a racial group
- Antiracism asks: What’s wrong with policies? What’s wrong with conditions? What’s wrong with systems and structure?
- The project will update NSYFC’s Charter and Ongoing Goals by developing
 - A working assumptions document that advances equity and inclusion
 - An Outreach Plan with guidance on youth engagement, accountability, and collaboration
 - An updated Five-Year Strategic Plan Cultural Humility goals
- This project is centered around the youth. The youth will lead this data project. The adults will give youth the tools and support to successfully lead this project.
- Co create antiracial accessible behavioral health services, powerful youth advocacy and caring collaborative partnerships
- The project will help North Sound YFC to become a more fully functional group.
- Youth that are 14 – 24 age would be appropriate to seek in engaging in the project.
- Will there be the capacity for any youth that want to join who need accommodations in terms of impairment? The commitment if those who have a need of accommodations, we will support them in anyway to facilitate that.

Advisory/Leadership Opportunity – Youth Crisis Leadership

5:20 – 5:45

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- Val led a discussion with the group on various ways to reach out to youth in the crisis behavioral health system.
- Reaching out on a state level through the Care Crisis Line through Volunteers of America. This is a 24/7 regional line. A licensed clinician will be connected with caller. Further crisis assistance can be initiated through this call.

- A youth can be assisted through the Mobile Crisis Outreach Teams. They can work with the youth up to 2 weeks. The other services is a DCR. These are MH professionals that can evaluate a youth to be involuntary detained.
- Members were asked to contact Val if they are interested in further discussion to assist the ASO in ways to improve youth in the crisis system.

Conclusion/Outcomes

Collect information on ways to improve the youth crisis system needs.

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

- Committee will complete the online evaluation

Next meeting is - Monday, March 8, 2020 from 4:00 pm – 6:00 pm