

Agenda

Statewide FYSVRT MISSION

The **mission** of Washington State's ten Regional Family, Youth, and System Partner Round Tables (FYSVRTs) is to bring all necessary parties together to contribute to continuous improvement to children's behavioral health services and supports. Regional FYSVRTs strive to provide an equitable forum for families, youth, systems, and communities to strengthen and sustain community resources that effectively address the individualized behavioral health needs of children, youth and families.

Goals of the Youth and Family Coalition

The Youth and Family Coalition's ongoing goals are to:

- Be a place where youth, parents, family members, and community partners feel comfortable sharing feedback about the behavioral health system in a safe, welcoming environment;
- Elevate challenges, recommendations and feedback to the Statewide FYSVRT groups and bring back information, suggestions, and solutions as soon as possible; and to
- Offer presentations, education, and resources to the community that is relevant for families, youth, and organizations.

North Sound YFC Meeting

4/12/2021

2nd Mondays of every month
4-6 p.m. (except on holidays)

Virtual Meeting

Join Zoom Meeting:

<https://us02web.zoom.us/j/89756017129?pwd=UVQ1UUNrT3J5UWRLangvb1Z0b0N4Zz09>

Dial in: +1 253 215 8782

Meeting ID: 897 5601 7129

Password: 423563

• Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

(4:00-4:05)

• Intros & Updates **(4:05-4:20)**

• **Ghosted** – film screening followed by guided discussion with an artist from Seattle Children's Theatre

Show Description: Will a student's bout of anxiety allow others to create a safe space to talk about what they're going through and what's really going on? *Ghosted* is a candid glimpse of a single day in the life of four high school students as they learn to adapt to remote learning and struggle to connect with others while still social distancing. It's an up-close look at how they navigate their relationships and support each other while facing harsh realities and many unknowns.

(4:20-5:20)

• Break **(5:20-5:25)**

• **Strength through Adversity** - discussion on what has been working well over the past year and what we need moving into the future

(5:25-5:50)
