

Youth and Family Coalition

12.14.2020

4:00 p.m. – 6:00 p.m.

Virtual

Meeting called by: Tri Leads Rachel, Mary Jo and Lucy

Note taker: Maria Arreola

Attendees:

Ryan O'Donnell, Starleen Maharaj-Lewis, Wa'Lynn Sheridan, Kate Foster, Val Jones, Chris Cochran, Kaleb Lewis, Joe Fuller, Marissa Collins, Tiffany Wheeler, Greg Kanehen, Becky Hurst, Winnie Fraizer, Kim Olander, Megan Boyle, Kristie Sliette, Sojna Wingard, Lisa Moulds

Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

- Rachael has announced her position is ending in April. Rachel has offered to meet with interested individuals to share her experience.

Presentation – Planning 2021: Focus on Schools

4:25-5:20

ACTION: Action/Decision () Discussion (x) For Information Only ()

Overview: Lucy began discussion on brainstorming ideas to make change in public schools.

Discussion Points:

- Val spoke on the system of care structure of communication of the state and regions to make changes to the youth system of care through the YFC. It would have a means of open communication now of what change is being warranted. A goal in strategic plan is to increase knowledge of community services and programs.
- Acting on legislation and putting issues and resolution in a bill. Engage Legislators that are interested in education and mental health. Present ideas to Legislators.
- Bellingham has put a light on how to work on human wellness in every system. How do we provide mental health services in the context of mental health system? How do we implement this in accessible in all school districts? Continual improvement and family/student voice in the process. How do we train staff to navigate the system?

- Whatcom Coalition for educators provided funds of a group of 20 outdoor educators. The focus is to coordinate all services that everyone in Whatcom County can support curriculum and youth. Now with COVID it has shifted to support social and emotional learning. Preventive to responsive services. How do we serve families from social/emotional learning to youth who need responsiveness learning? This can be done through tiers.
- System change takes a long time. What can we do a region in a short term to address any priorities we set? There are local, regional, and state issues/influences.
- National Be Strong Movement is open to anyone who is advocating for any issue within the community. This surrounds suicide and anti-bullying and anti-racism. They meet once a month. Kaleb spoke of We Dine Together where youth should not be sitting alone in schools. A group of youth sit with other students that sit alone.

Conclusion/Outcomes	
<ul style="list-style-type: none"> • Keep continued conversation of how to address issues on the regional, local and state levels. 	

Open Forum for Discussion, Questions, Comments and Concerns	
5:20 – 5:45	Agenda Topic
ACTION: Action/Decision (X) Discussion () For Information Only ()	
<ul style="list-style-type: none"> ○ Topic not addressed as limited time warranted. 	
Conclusion/Outcomes	

Elevator Speech – Mind Mapping Exercise	
5:45 – 5:55	
ACTION: Action/Decision () Discussion (X) For Information Only ()	
Overview: Discuss options of outreach	

Discussion Points:

- Who should care about what work we do here?
 - Families that are affected by systems, MH access system,
- What is YFC in explain to others?
 - Coupons for attending for youth, kids can speak there truth. Speaking the truth of what they are doing during the pandemic or traumatic event.
 - Why should you get involved?
 - To want a change
 - Advocate and also build a resume, learning on what is happening in the system. Have meaningful presentations.
- Next steps, engaging
 - Direct invitation
 - The North Sound YFC website
 - Val Jones reference to help educate individuals

Conclusion/Outcomes

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

- Committee will complete the online evaluation

Next meeting is - Monday, December 14, 2020 from 4:00 pm – 6:00 pm