

**North Sound Behavioral Health Administrative Services Organization
(North Sound BH-ASO)
Youth and Family Coalition (YFC)
North Sound BHO - Conference Room Whatcom
MEETING SUMMARY**

Youth and Family Coalition	
4.13.2020	4:00 p.m. – 6:00 p.m. GoToMeeting
Meeting called by:	Val Jones
Note taker:	Maria Arreola
Attendees:	
Phone Attendees:	Adair Brown, Karen Kelly, Becky Hurst, Chelsea Jimenez, Rachel Zakopyko, Paul Davis, Starleen Lewis, Barbara Roxas, Salina Bass, Christine Nickelson, Chris Allen, Dawn Scott, Juan Arreguin, Lisa, Lisset Reyes, Marissa Collins, Mary Jo Durborrow, Megan Boyle, Ryan O’Donnell, Tina Boyle, Val Jones, Kate Foster.

Announcements and Updates

- Lisset spoke on Domestic Violence offices are closed but services are being provided over the phone. Individuals can call the hot line to connect with an advocate.
- Chris Allen spoke on looking at sites for a snapshot of services available for youth.
- Whatcom Dispute Resolution Center is still offering services virtual. Phone services will be available. Marissa Collins spoke on the Youth Peaceful Poetry Contest that is available online for youth that attend a school in Whatcom county. The contest can be found at Whatcomdrc.org.
- Mary Jo gave an update on virtual meetings on Parent to Parent workshops. You can register at p2p.arcwhatcom.org. These meetings will be held monthly. Online workshop on guardianship from 12-2 on April 17th RSVP parentcoalition@archwathcom.org
- Megan from Compass informed the group of WISE teams are moving along. Openings are in Skagit serving youth from ages 13-20. Accepting referrals from all counties. Site teams have been piloting telehealth and have availability for WISE and outpatient services.
- Dawn WISE CCS have openings in Snohomish county program and accepting referrals in Skagit and Whatcom. They are up and running on telehealth services.
- Juan announced youth housing units will be available in May. Tele communication for enrollment are being offered. Emancipated youth ages 16-24 can be added to the waitlist. Openings will be soon.
- Adair from NW Youth Services stated emancipated youth 18 and older interested in housing to contact her. Adair provided her contact information to the group. Outreach services in collaboration with Oasis Teen Shelter in Skagit for youth 13-17 years of age that are in need of housing services.

Presentation: Behavioral Health Care Access for Youth: A School-Community Approach	
60 min	Chelsea Jimenez and Becky Hurst
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: Presentation	
<p>Discussion Points:</p> <ul style="list-style-type: none"> • Site Coordinators are essential in schools. They offer support to parents and youth as they become educated on the schools' mission and goals. • Needs assessments are taken to support the schools in their needs. • Serve students who need support to maintain a healthy school experience • The services provided are to engage families, provide community resources, help students achieve a goal and build a relationship with schools and families • Focusing on bringing MH support on school sites to eliminate barriers youth have to access off site. • What is the positive having MH therapist be district employees? <ul style="list-style-type: none"> ○ Opens access to not having them bill insurance. That would eliminate care limited to Medicaid. 	
Action Items: None	

Discussion of Behavioral Health In Schools	
15 min	Val Jones
ACTION: Action/Decision () Discussion (x) For Information Only ()	
<p>Discussion Points:</p> <ul style="list-style-type: none"> • Discussion ensued regarding students to access medical and behavioral healthcare services in schools. Many communities have resistance on this model in schools. <ul style="list-style-type: none"> ○ Sedro Wooley school district has launched an on site clinic model in collaboration with Skagit Public Health Department. 	
Conclusion/Outcomes	
<ul style="list-style-type: none"> • This clinic is fairly new, and the group is interested in learning more of the impact this has had on the community. 	

WiSe Update	
60 min	Paul Davis
ACTION: Action/Decision () Discussion (X) For Information Only ()	

Overview: Information on collected Data on the WISE program

Discussion Points:

- Needs and strengths data were reviewed with scoring criteria on the below categories
 - Needs Scale Key
 - Risk Factors
 - Life Domain Functions
 - Youth Behavioral/Emotion Needs
 - Family/Caregiver Strengths and Needs
 - Cultural Considerations
 - Diagnosis

Next meeting is - Monday, May 11, 2020 from 4:00 pm – 6:00 pm