

**North Sound Behavioral Health Administrative Services Organization
(North Sound BH-ASO)**

**Youth and Family Coalition (YFC)
North Sound BHO - Conference Room Whatcom
MEETING SUMMARY**

Youth and Family Coalition	
10.14.2019	4:00 p.m. – 6:00 p.m. CR_Whatcom
Meeting called by:	Val Jones
Note taker:	Carolyn Radach
Attendees:	Kate Naeseth, Tiffany Wheeler Thompson, Megan Boyle, Miranda Morris, Salina Bass, Rachel Zakopyko, Angelique Perez, Mary Jo Durbrow
Phone Attendees:	Kenny Alfred, Angela Fraser-Powell

Announcements and Updates
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DVSAS Presentation	
15min	Miranda Morris
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: Presentation	
Discussion Points:	
<ul style="list-style-type: none"> • Miranda presented a Power Point that discussed what DVSAS does as an organization. 	

Strategic Plan & Update and Regional needs assessment	
15min	Val Jones
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: Discussion about how to outreach to the community	
Discussion Points:	
<ul style="list-style-type: none"> • The five-year plan can be updated along with the yearly plan • Current goals are: 1) To be a place where youth, parents, family members, and community partners feel comfortable sharing feedback about the behavioral health system in a safe, welcoming environment; 2) To elevate challenges, recommendations and feedback to the Statewide FYSPRT groups and bring back information, suggestions, and solutions as soon as possible; 3) To offer presentations, education, and resources to the community that is relevant for families, youth, and organizations. 	

- Desired goals would like to be: 1) Youth Leadership Development/Community engagement; 2) Engage Families; 3) Create local YFC chapters.
- Discussion took place about where the first regional FYSPRT/YFC group should start, and how that should take place.
- Ideas include bringing data to show how the local FYSPRTs have been making a difference, being transparent with the youth about what the start-up struggles have been and asking for input.
- Kate suggested getting Youth Move involved in the youth engagement process. Rachel and Val said that is taking place.
- Angelique shared the idea that the Tri-Leads discussed about creating a newsletter to introduce the YFC concept to youth and their families. Ideas for newsletter include breaking down terminology, advertising incentives,
- Rachel suggested setting up a specific meeting for youth to engage them.
- Angelique suggested contacting school counselors to find out what youth are concerned about, so that a survey could be created prior to the meeting. Need to find a way to incentivize the survey. Rachel volunteered to make appointments with counselors for outreach
- Question was asked about what the age of the youth that we are trying to attract? Answer: 13-24
- Discussion took place about incentivizing the surveys to get participation.

Conclusion/Outcomes

- The group will send in resource lists to Carolyn to compile for reaching out to the community.
- Val will mine data for surveys
- Rachel will reach out to the high school's and middle schools to get input. Rachel reach out to the state-wide FYSPRT.

Practical Steps: Flyers Distribution Discussion

35min

Jal Jones

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview:

Discussion Points:

- Flyers were presented to the group
- Discussion took place about printing logistics with B&W. Angelique will work on something to help it print more detail in B&W.

Conclusion/Outcomes

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Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)
Overview: Evaluations completed and collected.
Discussion Points: <ul style="list-style-type: none">• Evaluations completed and collected.
Conclusion/Outcomes
<ul style="list-style-type: none">•

Next meeting is - Monday, November 4, 2019 from 4:00 pm – 6:00 pm