

**North Sound Behavioral Health Administrative Services Organization
(North Sound BH-ASO)
Youth and Family Coalition (YFC)
North Sound BHO - Conference Room Whatcom
MEETING SUMMARY**

Youth and Family Coalition	
11.4.2019	4:00 p.m. – 6:00 p.m. CR_Whatcom
Meeting called by:	Val Jones, Angela Fraser-Powell
Note taker:	Carolyn Radach, Maria Arreola
Attendees:	Dawn Scott, Lisa Helsen, Angelique Perez, Mary Jo Durbrow, Jenn Cole, Paul Davis, Lisset Reyes
Phone Attendees:	Kate Nassetth

Announcements and Updates
<ul style="list-style-type: none"> • Val reviewed the upcoming trainings. Flyers are available to take for the January Mindfulness training. Instagram account has been created for social media purposes. • Lisa Helsen, grant has been received for a WISE navigator DSHS. Looking for a Functional Family Treatment Coordinator. • Dawn, looking to fill positions in Whatcom and Snohomish Co. programs. • Jenn, Highline College Black & Brown summit coming up in November. This event is Free for students. Registration closes November 8. Will email to Val so that it can get posted to the YFC website. • Paul, informed Val of a systems of care grant that helped inform others on the systems of stigma. Will connect Val to Lizzy to help her navigate social media for marketing. Working on getting learning disabilities and Autism added to the FYSPT contract.

WISE 2 rd Quarter Report
15min Paul Davis
ACTION: Action/Decision () Discussion (x) For Information Only ()
Overview: Presentation
<p>Discussion Points:</p> <ul style="list-style-type: none"> • Paul presented the WISE 2nd quarter report and explained why the 3rd quarter report was not ready. • Paul explained the basics of the CANS (Child Adolescent Needs and Strengths) tool. CANS reports look for a way to quantify needs and strengths in a child. <ul style="list-style-type: none"> ○ After a CANS report is taken it then gets reported online to the BHAS database.

- School teams working together to give appropriate strength based. In a school setting this is a student as a whole. The systems are speaking together.
- Dawn spoke on a team level schools are collaborating with WISE. Schools know how the youth are doing.
- Paul was invited back to speak to the coalition in the future.
- The North Sound region reports are as follows:
 - WISE recommendation rates are used to see how many kids actually need to be screened.
 - Screener timeliness shows that the North Sound region is on time with their screening.
 - Percent assessments can use some improvements.
 - Cross system involvement details the percent of screener assessments that belong to clients who entered services in the given year.
 - Referrals are primarily coming from mental Health Providers.
 - Treatment needs at Entry v. Treatment needs at 3/6/9/12/15 mo. are going down. Additionally, as time passes there is a reduction in the number of kids served in WISE. There is no set time for a child to be in WISE, a child can stay for the time that they need in order to improve.
 - Strengths do not move/improve as quickly as the Needs assessment. Paul asked if that was because they were already high to begin with? Discussion took place about why this is taking place. Definitions of the ratings were reviewed.
 - Invite to look at what is a place to improve? Dave asked if it is a mixture of natural supports and needs support. Dawn spoke of focusing on the most pressing needs.
 - Discussion took place of WISE staff turnover. Most important to make families feel supported.

Strategic Plan Update	
15min	Val Jones
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: Discussion about how to outreach to the community	
Discussion Points: <ul style="list-style-type: none"> • The five-year strategic plan was reviewed with Val • Val will be proposing new changes to what is currently happening now <ul style="list-style-type: none"> ○ Developing local YFC chapters ○ Engaging families ○ Youth leadership 	

- Continue and expand with the Facebook and Instagram account to reach the young population
- 2019 Strategic plan was located and reviewed.

Conclusion/Outcomes

- The updated document will be sent to the Coalition when found.

Practical Steps: Report Out on Outreach Plan

35min

Val Jones

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Identify potential partners

Discussion Points:

- Invite youth and feel attachment as contributing to the goal and impact on a state level
- Mary spoke of potential outreach partners in Whatcom county. Coalition reviewed the list of potential partners.
- Brainstorming of how to set the foundation needs to be discussed
- It is important to express that YFC values the time of participation.

Conclusion/Outcomes

- Val will continue to update the list of potential partners. Val will be speaking to the Skagit County Community Action about YFC. Val will be connecting in the community to spread the word of YFC.
- Members were given flyers to handout to the community.

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Evaluations completed and collected.

Discussion Points:

- Evaluations completed and collected.

Conclusion/Outcomes

- Members were encouraged to complete the survey

Next meeting is - Monday, December 9, 2019 from 4:00 pm – 6:00 pm