

North Sound Behavioral Health Organization (North Sound BHO)
Youth and Family Coalition (YFC)
North Sound BHO - Conference Room Whatcom
MEETING SUMMARY

Youth and Family Coalition	
3.11.2019	4:00 p.m. – 6:00 p.m.
Meeting called by:	Irene Richards
Note taker:	Carolyn Radach
Attendees:	Angelique Perez, Jen Cole, Rachel Zapokyko, Lisa Helsen, Scott Watling, C. Douglas, Mary Jo Durborew, Lisset Reyes, Tonya Bieche, Heidi Pless
Phone Attendees:	

Announcements and Updates
<ul style="list-style-type: none"> • Irene introduced the youth Tri-Lead (Angelique Perez), Still looking for system partner Tri-Lead and Family Partner Tri-Lead. • Trying to re-launch the Logo contest. Irene reviewed the rules. Entries need to be made by May 9, 2019. 1st prize \$100, 2nd prize \$50, 3rd prize \$30. • Transitions fair taking place for students with disabilities preparing for life after high school. Flyer need to be sent out in a link. • Saturday April 16, 2019 (PAVE). April 20th: School to Prison Pipeline conference in Snohomish county • Leadership SnoCo. (PAVE) • WISE symposium coming up. Scholarship opportunities are available. • Whatcom Co. ARC hosting training on SSI, SSDI • Open Dialogue approach training taking place. Will send for distribution. • Poster contest taking place for sexual assault awareness month, Skagit DVSAS

New School Discipline Guidelines
15min
Jen, PAVE
ACTION: Action/Decision () Discussion (x) For Information Only ()
Overview: Review of new school discipline guidelines
<p>Discussion Points:</p> <ul style="list-style-type: none"> • Jen reviewed the OSPI new discipline rules. • Jen reviewed the PAVE website • Discussion took place about shortened school day in reference to suspensions. <ul style="list-style-type: none"> ➤ The rules for a shortened school day (i.e. what is impermissible and permissible) were reviewed. • Jen reviewed the new policy governing the OSPI rules, with references to students under special education.
Conclusion/Outcomes
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Calendar & Website	
30min	Irene Richards
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: To review the calendar and website	
Discussion Points: <ul style="list-style-type: none"> • Irene reviewed the calendar for the 2019 presentations. • There are still a couple months that need to be filled. The group was asked for their input on the trainings that they would want for the last few slots. • OHANA opportunity open for program Hidden in Plain Sight. Contact marine • Irene reviewed the website and asked for input on the resources section. <ul style="list-style-type: none"> ➤ Umbrella sections that Irene wants to focus on include: Food banks, Transportation, Behavioral Health, Shelters, Crisis Services ➤ Items to include in the sections: List of MCOs, Psychology today, County Food Banks, Suicide prevention, Bus passes, Med transport, Island Transit, VOA, Community Action, Suicide Prevention DVSAS 	
Conclusion/Outcomes	
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Strategic Plan	
30 min	Irene Richards
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: Review the strategic plan that was submitted to the state.	
Discussion Points: <ul style="list-style-type: none"> • Irene reviewed the goals of the strategic plan <ul style="list-style-type: none"> ➤ Goal 1: Expand prevention Services <u>Short-term goals:</u> Help prevent youth substance abuse, mental health disorders, youth suicides in the community. <u>Long-term goals:</u> Decrease the need for intervention and treatment services; county and region-wide prevention funding. Action plan was reviewed. ➤ Goal 2: Increasing knowledge and awareness of community services and programs <u>Short-term goals:</u> Schools have updated resource information, families and youth can learn about information and resources in one place. <u>Long-term goals:</u> Increased collaboration of agencies in North Sound Region through information exchange. Action plan was reviewed. ➤ Goal 3: Increase Cultural Understanding and Humility within our community <u>Short-term goals:</u> Provide opportunities for people to increase their cultural understanding and humility. <u>Long-term goals:</u> Reduce barriers to services that are culturally appropriate and effective. Action plan was reviewed. 	

- **Goal 4:** Increase partnership/dialogue between providers, schools and systems
Short-term goals: Identify gaps in dialogue and information sharing.
Long-term goals: Improve communication.
 Action plan was reviewed
- **Goal 5:** Reduce the cost of services for non-Medicaid individuals and families
Short-term goals: Advocate for the reduction of costs for non-Medicaid individuals and families.
Long-term goals: Increase accessibility to behavioral health services by reducing the cost to those who do not qualify for Medicaid.
 - Irene asked the group to consider whether or not this was a reasonable goal due to lack of ability to influence this goal; and replacing it with the goal with **Engaging with Youth and Families**. Everyone agreed that this was a more reasonable goal.
 - Irene asked the group if they wanted to do a Youth and Family Engagement Event.
 - Event Ideas Included
 1. Replicate Snohomish Annual Fair (May 4)
 2. Replicate Spring Fling @ Hillcrest Park (Potluck, ARC, Book trading)
 3. Partner with Baker Elementary School (with activities and food)
 4. Kulshan Creek Trail Walk end at Lions Park

Conclusion/Outcomes

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Evaluations

TIME

Presenter

ACTION: Action/Decision () Discussion () For Information Only ()

Overview: Evaluations completed and collected.

Discussion Points:

Conclusion/Outcomes

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Next meeting is: Monday, April 8, 2017 from 4:00 pm – 6:00 pm