

**North Sound Behavioral Health Organization (North Sound BHO)
Youth and Family Coalition (YFC)
North Sound BHO - Conference Room Whatcom
MEETING SUMMARY**

Youth and Family Coalition	
6.10.2019	4:00 p.m. – 6:00 p.m.
Meeting called by:	Irene Richards
Note taker:	Carolyn Radach
Attendees:	Angela Fraser-Powell, Val Jones, Jen Cole, Angelique Perez, Rachel Zapokyko, Lisa Helsen, Heidi Pless, Lisset Reyes, Angie Edder
Phone Attendees:	Scott Watling

Announcements and Updates
<ul style="list-style-type: none"> • Rachel Zapokyko has volunteered to be the System Tri-Lead. Only need to fill the Family Partner Tri-Lead position. • Jen Cole, PAVE, HB1599 decouples state assessment for graduation and ... June 19 NAMi national convention taking place in Seattle. • Lisa Helsing, working to streamline WISE referrals. • Lisset Reyes, FT shelter position available. • Rachel Zapokyko, Coordinated Care has filled 3rd children’s liaison position. • Scott Watling, new position may make it harder for him to attend meetings. Looking to hire new children’s manager

Regional Opioid Plan	
15min	Linda Crothers
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Overview: Update on the role of law enforcement	
Discussion Points:	
<ul style="list-style-type: none"> • Linda reviewed some of the history of opioids and how they were originally marketed. • Results have found that a person can become addicted to opioids in as few as 14 days. • Opioid statistics were reviewed. • Linda reviewed the regional opioid plan. Plan is on the North Sound website http://nsmha.org/. • Focus of the plan has largely been built around treatment. Linda reviewed the different types of treatment that may be, or are becoming, available. • Digwalish Tribe has a treatment clinic and they treat all individuals, not just tribal members, 18 and up. 	

- In order for youth to be considered for a MAT program they must prove that they have tried at least two other treatment programs.
- Detox and withdrawal management for youth does not exist in the North Sound region.
- Linda reviewed the SAMSHA grant and what providers received the funds to support MAT programs.
- Stigma dictionary will be also going up on the new ASO website.

Conclusion/Outcomes

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WISE Quarterly Reports

15min Irene Richards

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Review of WISE quarterly reports

Discussion Points:

- Irene reviewed the Power Point for the WISE report for the first quarter, January-March 2019.

Conclusion/Outcomes

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Berry Dairy Days Event

15min Irene Richards

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Review of plans for event

Discussion Points:

- Irene reviewed the BDD participation.
- Still need four slots to be filled.

Conclusion/Outcomes

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Strategic Plan: Youth and Family Engagement

35min Presenter Irene Richards

ACTION: Action/Decision () Discussion (x) For Information Only ()

Overview:

Discussion Points:

- Need to come up with more action items for Youth and Family Engagement.

- Activity was broken up into two groups to brain-storm ideas Group 2, for making the meetings more family friendly and Group 1, how to increase youth and family participation
- Group 1 ideas included: *Promote on Social Media (including what will be presented and food provided), Re-look at the flyer (Why attend), Presentations @ staff meetings, Conferences, Director meeting at school, Continued outreach,*
- Group 2 ideas included: *More family friendly signage (Sign w/balloons), Candy on table, Raffle for gift card/punch cards for pizza, Haircut youth and family event, 20 minutes for families to talk about what is going on, Have meetings at various locations/counties, Timing (focus one meeting/quarter on youth & family engagement – to get feedback; What are the goals with family/youth?), Better definition of what is in the investment for families and youth, Childcare*
- Irene asked the group to look at the flyer and come to the July meeting with ideas for a more cohesive message on the flyer.

Conclusion/Outcomes

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Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Evaluations completed and collected.

Discussion Points:

- Evaluations completed and collected.

Conclusion/Outcomes

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Next meeting is - Monday, July 9, 2019 from 4:00 pm – 6:00 pm