

**North Sound Behavioral Health Administrative Services Organization  
(North Sound BH-ASO)  
Youth and Family Coalition (YFC)  
North Sound BHO - Conference Room Whatcom  
MEETING SUMMARY**

Youth and Family Coalition	
<b>8.12.2019</b>	<b>4:00 p.m. – 6:00 p.m.</b>
<b>CR_Whatcom</b>	
Meeting called by:	Angela Fraser-Powell, Val Jones
Note taker:	Carolyn Radach
Attendees:	Dawn Scott, Lisa Helsen, Heidi Pless, Megan Boyle, Kate Naeseth, Selena Bass, Michael McAuley, Rachel Zakopyko, Tonya Bieche, Rachel Zapokyko
Phone Attendees:	Tiffany Wheeler-Thompson, Destiny Eversull, Marci Bloomquist, Tonya Bieche, Kenny Alfred

Announcements and Updates
<ul style="list-style-type: none"> <li>• CCS getting staffed up in Whatcom.</li> <li>• Compass Therapists being hired in Monroe, Everett and Mt. Vernon. Monroe and Skagit locations have moved into new offices.</li> <li>• Juvenile rehabilitation trying to figure out how to proceed with their under 25 year old's</li> </ul>

Crisis Services	
15min	Michael McAuley
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview: Training on Crisis Services	
Discussion Points: <ul style="list-style-type: none"> <li>• Michael presented a Power Point to give an overview of the Crisis System.</li> <li>• Michael said that we are working on coordinating a joint approach with the Managed Care Organizations (MCOs) so that information can be shared with the Designated Crisis Responders (DCR).</li> <li>• Discussion took place about what information can be provided while maintaining confidentiality.</li> <li>• Discussion took place about issues with P1 and the information that is accessible through that database.</li> <li>• Discussion took place about PACT and WISe rosters and what information is accessible through them.</li> <li>• Discussion took place about VOA and how to contact them regarding crisis situations and WISe.</li> </ul>	
Conclusion/Outcomes	

- Carolyn will send out Power Point to the email group

### YFC Flyer, Handouts, Website & Logo Unveiling

15min

Angela Fraser-Powell

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

Overview: Review of website and advertising information

Discussion Points:

- Angela reviewed the website with the group.
- The winning logo was unveiled to the group
- The current flyer was reviewed
  - Rachel said that there needs to be content referring to mental/behavioral health on the flyer
  - Dawn suggested putting the website on the flyer
  - Kate suggested a trifold pamphlet (this can hold more information than a flyer)
  - New logo needs to be on the flyer
  - Suggestion was made for creating a flyer just for the Youth population
  - Suggestion was made to remove FYSPRT from the flyer
  - Need to check the requirements of advertising
  - Val suggested doing away with the flyer in favor of moving forward with the trifold and card for the different age groups.

### Conclusion/Outcomes

- Angela said that she could work on the flyer
- Carolyn will work on the Instagram account

### Strategic Plan Update, Local FYSPRTS and Outreach

35min

Angela Fraser-Powell

ACTION: Action/Decision ( ) Discussion (x) For Information Only ( )

Overview: Review of ideas for FYSPRT

Discussion Points:

- Angela will review the strategic plan to modify goals that are more in line with trying to start up the local FYSPRT's
- Discussion took place about forming a plan on how to approach forming the local FYSPRT's
  - Kate suggested that in order to have a productive meeting we need to have a structure to the goals and outcome of the meeting.

- Dawn mentioned that it might be helpful to have the Youth Lead meet with other youth for their ideas separately.
- Angela suggested working on our presentations and finding appropriate topics for youth.
- Finding a more family friendly venue (YMCA, Maven Park etc.) Dawn volunteered to call the YMCA.
- Mary Jo Dubrow volunteered to talk to agencies in Whatcom Co. for recruiting.
  - Val wants to talk to Mary Jo about meetings in Whatcom Co. since she lives in Whatcom Co. as well.
  - Too much guidance for every group might stagnate some of the energy that each group creates. Local FYSPRTs will feed into the regional FYSPRT.
- Kate said that orientation and setting the guidelines of FYSPRTs is important
  - Kate will send contact information for resources that can help.
- Each group will do their own needs assessment and strategic plan.
- Discussion took place about who could facilitate the group start up meetings.
- DBHR Youth peer Evelyn Clark and Karen Kelly were suggested as facilitators to help the groups start-up.
- Ongoing meetings in Skagit county to present FYSPRT include: WISe transition age group night in both Skagit and Whatcom (suggested by Megan), Children’s Council (suggested by Tonya), and Children’s Consortium (suggested by Dawn)

**Conclusion/Outcomes**

- Dawn will call the YMCA to check on conference room availability and cost.
- Val or Angela need to talk to Bill about how it would work for us to provide food to the remote local FYSPRT meetings. If that is something that we can do.

**Evaluations**

15min	
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview: Evaluations completed and collected.	
Discussion Points:	
<ul style="list-style-type: none"> <li>● Evaluations completed and collected.</li> </ul>	

**Conclusion/Outcomes**

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**Next meeting is - Monday, September 9, 2019 from 4:00 pm – 6:00 pm**