



North Sound YFC

- OPEN LEADERSHIP POSITION -

Youth Tri-Lead

Meeting Location: Mount Vernon (Skagit County)

Time Commitment: 7-15 hours per month:

- 1 Regional Leadership Meeting
- 1 YFC Meeting
- 1 Tri-Lead Meeting
- Outreach, communication, and advocacy
- State meetings (held quarterly in Lacey)

Appointment: 2 Years

Compensation for time, travel, and mileage is available.

About North Sound Youth and Family Coalition (YFC): We are regional group of youth, family members, and professionals from our five-county region of Snohomish, Skagit, Whatcom, Island, and San Juan Counties. We meet monthly to bring in the perspectives of youth and families to learn about how we can improve the behavioral health system (mental health and substance use disorders).

About the Position: The Youth Tri-Lead is part of a team that consists of a Family Tri-Lead, a System Partner Tri-Lead, and a Convener to ensure meeting tasks and deliverables are completed. The Tri-Leads are responsible for leading and organizing YFC meetings, as well as conveying information to the statewide Family, Youth, System Partner Round Table (FYSPRT) and bringing information back to YFC. Collectively, the Tri-Leads ensure safe and collaborative meetings so YFC members can share their unique perspectives and experiences, sometimes in an anonymous manner, to improve outcomes for youth and families in the region.

YFC's Ideal Youth Tri-Lead:

- ❖ Is a young adult ages 18-25 with lived experience of recovery, openly identifies as a peer, and is willing and able to offer support to others in that capacity.

- ❖ Has connections with youth leaders and resources in the community and understands youth culture.
- ❖ Ability (or willingness, with training) to facilitate meetings.
- ❖ Ability to record information and share it with others.
- ❖ Has leadership experience or is open to leadership training.
- ❖ Ability to make members feel supported and safe to share their ideas.
- ❖ Agrees with and is willing to promote the following values, which specify that a System of Care must be:
 - Family driven and youth guided, with the strengths and needs of the child and family determining the types and mix of services and supports provided.
 - Community based, with the locus of services as well as system management resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community level.
 - Culturally and linguistically competent, with agencies, programs, and services that reflect the cultural, racial, ethnic, and linguistic differences of the populations they serve to facilitate access to and utilization of appropriate services and supports and to eliminate disparities in care.

Specific Responsibilities:

- ❖ Lead YFC meetings by facilitating discussions, setting agendas, finding presenters, and ensuring the accuracy of meeting minutes and other materials.
- ❖ Maintain regular contact with other system partners, family organizations, youth organizations, and/or youth leaders/facilitators of youth-led meetings and activities.
- ❖ Check and respond to emails at least twice a week.
- ❖ Participate in regularly scheduled meetings.
- ❖ Attend state-wide FYSPRT meetings.
- ❖ Identify community partners and resources for continual collaboration.
- ❖ Record, summarize, and present information to the community.
- ❖ Participate in training opportunities and identify needed technical assistance and skill development opportunities for system partners, youth, and families.
- ❖ Support other state initiatives related to Children's Behavioral Health.

Requirements:

- ❖ Is a young adult (age 18-25) who is or was receiving services from the behavioral health system, identifies as a peer, and is willing and able to act in that capacity.
- ❖ Lives in Skagit, Island, San Juan, Whatcom, or Snohomish county.
- ❖ Has access to email and a phone.

Interested? Contact YFC to Schedule a Time to Meet! 360.416.7013