



*LEADERSHIP POSITION OPEN FOR THE NORTH SOUND
YOUTH AND FAMILY COALITION (YFC)*

Apply Today to be the YFC's new Youth Tri-Lead!!

What is a Youth Tri-Lead?

The Youth and Family Coalition (YFC) is a regional group of youth, parents, and community members from our five-county region of Snohomish, Skagit, Whatcom, Island, and San Juan Counties. The YFC meets monthly to bring in the perspectives of youth and families to learn about how we can improve the behavioral/mental health system.

We are looking for a new Youth Tri-Lead to support the YFC! This is a wonderful opportunity for a youth or young adult to get involved in an active community group, develop new skills, and have access to exciting leadership opportunities! Our monthly meetings consist of sharing feedback, providing presentations about services for youth and families, and resource sharing.

Required for a Youth Tri-Lead:

1. Lives in Whatcom, Skagit, Snohomish, Island, or San Juan County
2. Ability to get to meetings in Skagit County on a monthly basis
3. Age 15+ with some lived experience in the behavioral health system
4. Open to making connections with other youth, young adults, and youth-serving organizations

Time Commitment*:

1. 10-15 hours per month
 - 1-2 Leadership Meetings per month = 2-4 hours
 - 1 YFC Coalition meeting = 2 hours per month. Currently held on the 2nd Monday's of every month in Skagit County. We can help with your expenses to attend meetings if you live outside of Skagit.
 - 1 Tri-Lead meeting = 1-2 hours per month. Time and location very flexible.
 - 2-4 hours a month of outreach, communication, advocacy (remotely).
2. We prefer a 2-year commitment from appointment; however we understand life circumstances do change!

Stipend:

Skagit County Public Health is offering a stipend to the Youth Tri-Lead for monthly participation, travel, and mileage to meetings.

Contact to schedule a meet-and-greet or for more info!

Julie de Losada, Skagit County Public Health julied@co.skagit.wa.us or 360-416-1538

Check us out at: www.facebook.com/nsyfc or www.northsoundyfc.com