

North Sound Youth and Family Coalition (YFC)

A Regional Family Youth System Partner Round Table (FYSPRT)

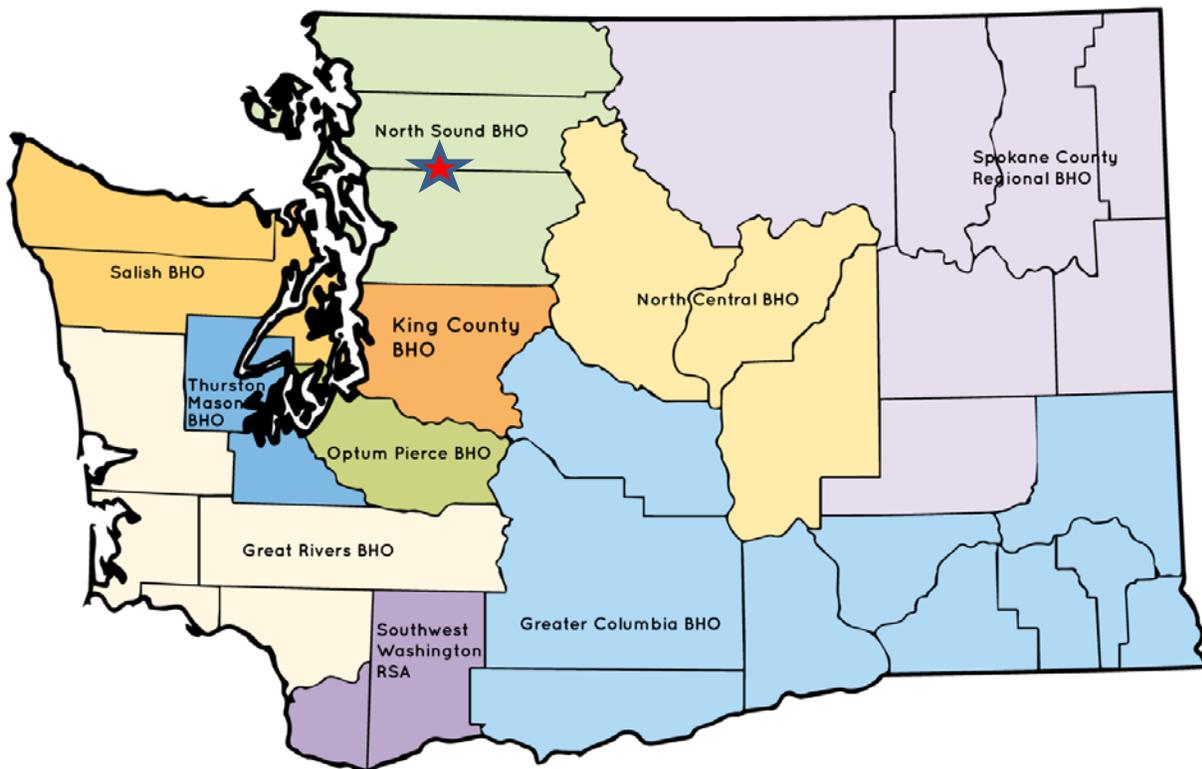
Newcomers Introduction Packet



Welcome to the Youth and Family Coalition!! We are excited you have joined the YFC and that you want to be a change agent in your community and across the state!

What is the Youth and Family Coalition?

The Youth and Family Coalition (YFC) is a Regional Family Youth System Partner Round Table (FYSPRT). FYSPRTs create a platform for family, youth and system partners to collaborate, listen, and incorporate the voice of the community into decision making at the state level. There are nine (9) FYSPRTs in the State of Washington. We represent the North Sound region. This effort is funded by a contract with the State of Washington Division of Behavioral Health (DBHR).



Our North Sound FYSPRT is called the **Youth and Family Coalition (YFC)**. The YFC is a place to learn about what is going on in our community around behavioral and mental health for children and families. The YFC supports the community needs of youth, family, and system partners through collaboration, listening, and resource sharing. The YFC provides a forum to make connections with others in the community, offering validation and hope.

The YFC makes a difference by welcoming the voice of youth, family and system partners in sharing strengths and needs regarding mental health services for youth. Information and feedback discussed at Regional FYSPRTs have the potential to initiate and influence system-wide change at the local/regional level.

Who are the YFC Members?

We are a 5-county region, consisting of members from Snohomish, Skagit, Whatcom, Island, and San Juan counties

We are tri-led by a family (Georgi) and a youth (Nina) partner, with lived experience, and a system partner (Irene). The Convener (Alicia) helps activate these Tri-Leads into their leadership role.

Family and youth should represent at least 51% of the YFC group, according to the State guidelines. As such, we need many more YOUTH and FAMILY members to join the YFC!

Anybody can attend a FYSPRT meeting. Becoming a member means you agree to be part of the decision process and attend most meetings.

What can you expect at a meeting?

At a FYSPRT meeting you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. Each person coming to the table brings a unique perspective, so please attend a meeting to see how you fit.

You can propose topics to add to the current meeting agenda or to a future meeting agenda that addresses a need or needs important to your community. You can come and share different perspectives and develop suggestions for ways to make things better. As a youth or family member in our community, your views and experience are valuable, and by letting the YFC hear your voice, you have the opportunity to give helpful input about systems, from the view of a

young person or a parent receiving services. Most of all, your voice is valuable because nobody knows better than you!

What is your role as a member of the YFC?

As a member, we ask that you make a commitment to attend as many of the monthly YFC meetings as possible, and/or attend any YFC events that happen in the community.

It is intended that the Regional YFC leverage the experiences, expertise, and insight of key individuals, organizations, and departments that are committed to building a Systems of Care for children's behavioral health. Regional YFC members are not directly responsible for managing project activities, but **provide support and guidance for those who do**. Thus, individually, members will:

- * Through education, collaboration and participation influence the movement toward the infusion of system of care values and principles in community organization, workforce development, policies, practice, financing, and structural change.
- * Bring community, individual and agency strengths in completing necessary tasks.
- * Identify barriers/challenges and approaches to resolve issues.
- * Identify strengths/initiatives/projects of existing community and system agencies that support systems of care values and principles.
- * Educate our system of care partners as we develop and grow.
- * Develop problem solving approaches for moving forward.

Materials Included

Included in this packet are:

- * Flyer & Infographic
- * FYSPRT FAQs
- * Regional Membership Charter

Please use the materials to outreach to your community and networks about the YFC! We want to support the needs of youth, family, and system partners through collaboration and resource sharing.

We are so glad you are a part of the Youth and Family Coalition!

Need more info? Have questions? Contact our Leadership Team:

Regional Convener: Alicia Hughes aliciah@co.skagit.wa.us

Youth Tri-Lead: Nina Weaver nina.d.weaver@gmail.com

Family Tri-Lead: Georgi Ann Lakey georgiannlakey@comcast.net

System Tri-Lead: Irene Richards irene_richards@northsoundbho.org

Frequently Asked Questions

FYSPRT Information:

Question	Answer
<p>What is a FYSPRT?</p> 	<ul style="list-style-type: none"> • FYSPRT stands for Family Youth System Partner Round Table • FYSPRTs create a platform for family, youth and system partners to collaborate, listen, and incorporate the voice of the community into decision making at the state level. They are based on the core values of System of Care, which are: <ul style="list-style-type: none"> ○ Family and youth driven services; ○ Cross-system collaboration; ○ Community based; and ○ Culturally and linguistically competent services. • FYSPRTs are a critical part of the Governance Structure that includes family, youth and system partner voice. It is a required element of the TR Settlement Agreement* agreed on by the plaintiffs and Washington State to inform children’s behavioral health system change. <p><i>*for more information go to the State FYSPRT website https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/family-youth-and-system-partner-round-tables-fysprts or contact your Regional FYSPRT (contact information on the State FYSPRT website)</i></p>
<p>What is the Vision of FYSPRT?</p>	<ul style="list-style-type: none"> • Through respectful partnerships, families, youth, systems, and communities collaborate, influence, and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families in Washington State.
<p>What is the Mission of the FYSPRT?</p>	<ul style="list-style-type: none"> • The Washington State Family, Youth and System Partner Round Tables provide an equitable forum for families, youth, systems, and communities to strengthen sustainable resources by providing community-based approaches to address the individualized behavioral health needs of children, youth and families.
<p>How can the FYSPRT support community needs of:</p> <ol style="list-style-type: none"> 1. Youth 2. Family 3. System Partners 	<ul style="list-style-type: none"> • FYSPRTs support the community needs of youth, family, and system partners through collaboration, listening, and resource sharing. FYSPRTs provide a forum to make connections with others in the community, offering validation and hope.
<p>What can I expect to happen at a FYSPRT Meeting?</p>	<ul style="list-style-type: none"> • At a FYSPRT meeting you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. It is a place where different perspectives can come together to build relationships and develop suggestions for ways to make things work better. You can propose topics to add to the current meeting agenda and/or to a future meeting agenda that addresses a need or needs important to your community.
<p>How do we as a FYSPRT make a difference?</p>	<ul style="list-style-type: none"> • FYSPRTs make a difference by welcoming the voice of youth, family and system partners in sharing strengths and needs regarding

	<p>mental health services for youth. Information and feedback discussed at FYSPRTs have the potential to initiate and influence system-wide change at the local/regional level.</p>
<p>What is my role/ how do I fit?</p>	<ul style="list-style-type: none"> • Each person coming to the table brings a unique perspective, please come to a meeting to explore how you fit it.
<p>How is my FYSPRT connected to other local initiatives? Who are our local partners? What issues are being addressed?</p>	<ul style="list-style-type: none"> • <i>(coming soon)</i> • <i>*Individualize* - each Regional or Local FYSPRTs answer may be different. Each FYSPRT would provide a response to this based on their community. Review quarterly or semi-annually to keep information up to date.</i>
<p>Where can I get more information about FYSPRTs?</p>	<p>There are several options for getting more information about FYSPRTs:</p> <ul style="list-style-type: none"> • Statewide website https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/family-youth-and-system-partner-round-tables-fysprts • www.FYSPRT.com • Regional or local websites <i>(coming soon)</i> • Youth N Action website <i>(coming soon)</i> • Contact one of your Regional Tri-Leads <i>(contact list on the Statewide website)</i>

System of Care Information:

Question	Answer
What is System of Care (SOC)?	System of Care embraces the idea that youth and families can and should have an active role in how systems serve them. This includes community based services that are individualized, strengths based and empowering to youth. A System of Care addresses the needs of youth through effective family, youth, and cross system partnerships and collaboration across agencies.
What are the core values of SOC?	<p>1. Family driven and youth guided, with the strengths and needs of the youth and family determining the types and mix of services and supports that best fit their needs.</p> <p>2. Community based, with services and the management of those services resting within a supportive framework at the community level.</p> <p>3. Culturally and linguistically competent, with programs and services that reflect the culture and language of the population served. This will ensure access to services based on each youth and their family’s unique needs and eliminate gaps in services.</p>
What are Washington State’s SOC Goals?	<ol style="list-style-type: none"> 1) Infuse SOC values in all child-serving systems. 2) Expand and sustain effective leadership roles for families, youth, and system partners. 3) Establish an appropriate array of services and resources statewide, including home- and community-based services. 4) Develop and strengthen a workforce that will operationalize SOC values. 5) Build a strong data management system to inform decision-making and track outcomes. 6) Develop sustainable financing and align funding to ensure services are seamless for children, youth, and families.
Why does SOC matter?	SOC matters as it encourages a culture shift in the mental health system emphasizing the importance of youth and family voice in improving the effectiveness and relevance of services.
What are some ways to operationalize SOC at a practical level?	<ul style="list-style-type: none"> • Wraparound • FYSPRTs • Youth N Action • Family-led Organizations • Cross-system communication • Other community roundtables • Community involvement • Youth and family certified peer support employment in agencies providing mental health services.
Where can I get more information?	<p>SAMHSA (Substance Abuse and Mental Health Services Administration) http://www.samhsa.gov/children/core-values.asp</p> <p>Technical Assistance Partnership for Child and Family Mental Health http://www.tapartnership.org/SOC/catalogue/default.php</p> <p>National Technical Assistance Center for Children’s Mental Health http://gucchdtacenter.georgetown.edu/</p>

For Youth:

Question	Answer
What is System of Care (SOC)?	System of Care, also called SOC, embraces the idea that youth and families can and should have an active role in how systems serve them. This includes services in the community that are based on the youth and family’s strengths and needs, as identified by the youth and family. A System of Care addresses the needs of the youth and family through effective family, youth, and system partnerships and collaboration.
What is a system?	“System” refers to a public system that you receive services from; that can be the public school system, health-care providers, mental health-care providers, juvenile justice, Social Security, and many more. There are a lot of different systems that provide different types of services to youth and families, and they all have their own way of doing things.
What is a FYSPRT?	FYSPRT stands for Family, Youth, and System Partner Round Table. FYSPRTs are a group of people that meet up in different areas across Washington State. FYSPRT meetings are attended by family, youth and system representatives who work together to spread System of Care values across Washington State. You can think of System of Care as a roadmap to improving our systems, and FYSPRTs are one vehicle for us to keep moving towards that destination.
How can FYSPRTs support the needs of my community and who I represent?	FYSPRTs support the community needs of youth, family, and system partners through collaboration, listening and resource sharing. FYSPRTs provide a forum to make connections with others in the community, offering validation and hope.
What can I expect to happen at a FYSPRT Meeting?	At a FYSPRT meeting you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. It is a place where different perspectives can come together to build relationships and develop suggestions for ways to make things work better. You can propose topics to add to the current agenda and/or propose agenda items for a future meeting that address a need or needs important to your community.
What is Youth Voice and why are youth so important to this?	Youth Voice is really about what you have to say! As a youth in our community, your views and experiences are valuable, and by giving “youth voice”, you have the opportunity to give helpful input about systems, from the view of a young person receiving services. Most of all, your voice is valuable because nobody knows you better than you!
How can I get more involved?	Contact your FYSPRT or come to a meeting!
Where can I get more information?	There are several options for getting more information about FYSPRTs: <ul style="list-style-type: none"> • Statewide website: https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/family-youth-and-system-partner-round-tables-fysprts • Regional or local websites (<i>coming soon</i>) • Youth N Action website (<i>coming soon</i>) • Contact one of your Regional Tri-Leads (<i>contact list on the Statewide website</i>)

North Sound Youth and Family Coalition (YFC) Regional Charter

YFC MISSION, VISION, PRINCIPLES

YFC PURPOSE

The North Sound Regional YFC is a regional Family, Youth, System Partner Round Table (FYSPRT) and is an essential part of the Governance Structure that meaningfully engages families and youth, governmental partners and others who are interested in and committed to the success of youth and families in an equitable forum to identify local needs, review local/regional data, problem solve and address issues at the local and regional level. With a goal of improving outcomes for youth, the Regional FYSPRTs brings unresolved needs forward to the Statewide FYSPRT with recommendations about how to meet those needs.

For purposes of this Regional Charter, the North Sound YFC consists of Snohomish, Skagit, Whatcom, Island, and San Juan counties, making up a five (5) region FYSPRT.

YFC MISSION

The mission of the North Sound Youth and Family Coalition (YFC) is to bring all essential parties together to contribute to the continuous improvement to children's behavioral health, services and supports.

YFC strives to provide an equitable forum for families, youth, systems, and communities to strengthen and sustain community resources that effectively address the individualized behavioral health needs of children, youth and families.

YFC's mission is to collect, review, and/or interpret relevant data and evaluation results and develop system improvement strategies;

To Serve as a mechanism to bring our voices from our communities into one regional entity;

To Respond to calls for feedback from higher level entities such as the Statewide FYSPRT, relevant state agencies, and DSHS' cross-system Executive Leadership Team (ELT);

To Regularly develop formal reports for review by higher-level entities who can then act accordingly through policy, fiscal, regulatory, and other actions;

To Receive regular reports from higher-level entities on priorities for action and policy, fiscal, regulatory, and other actions taken in response to input from the regions.

YFC VISION

The YFC vision is that, through respectful partnerships, families, youth systems and communities will effectively collaborate to proactively influence and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth and families in the North Sound YFC.

YFC CORE VALUES

1. Family driven and youth guided, with the strengths and needs of the child and family determining the types and mix of services and supports provided.
2. Community based, with the locus of services as well as system management resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community level.
3. Culturally and linguistically competent, with agencies, programs, and services that reflect the cultural, racial, ethnic, and linguistic differences of the populations they serve to facilitate access to and utilization of appropriate services and supports and to eliminate disparities in care.

YFC GUIDING PRINCIPLES

The following represent the foundational principles of the system of care philosophy that systems of care are designed to:

1. Ensure availability and access to a broad, flexible array of effective, community-based services and supports for children and their families that address their emotional, social, educational, and physical needs, including traditional and nontraditional services as well as natural and informal supports.
2. Provide individualized services in accordance with the unique potentials and needs of each child and family, guided by a strengths-based, wraparound service planning process and an individualized service plan developed in true partnership with the child and family.
3. Ensure that services and supports include evidence-informed and promising practices, as well as interventions supported by practice-based evidence, to ensure the effectiveness of services and improve outcomes for children and their families.
4. Deliver services and supports within the least restrictive, most normative environments that are clinically appropriate.
5. Ensure that families, other caregivers, and youth are full partners in all aspects of the planning and delivery of their own services and in the policies and procedures

that govern care for all children and youth in their community, state, territory, tribe, and nation.

6. Ensure that services are integrated at the system level, with linkages between child-serving agencies and programs across administrative and funding boundaries and mechanisms for system-level management, coordination, and integrated care management.
7. Provide care management or similar mechanisms at the practice level to ensure that multiple services are delivered in a coordinated and therapeutic manner and that children and their families can move through the system of services in accordance with their changing needs.
8. Provide developmentally appropriate mental health services and supports that promote optimal social-emotional outcomes for young children and their families in their homes and community settings.
9. Provide developmentally appropriate services and supports to facilitate the transition of youth to adulthood and to the adult service system as needed.
10. Incorporate or link with mental health promotion, prevention, and early identification and intervention in order to improve long-term outcomes, including mechanisms to identify problems at an earlier stage and mental health promotion and prevention activities directed at all children and adolescents.
11. Incorporate continuous accountability and quality improvement mechanisms to track, monitor, and manage the achievement of system of care goals; fidelity to the system of care philosophy; and quality, effectiveness, and outcomes at the system level, practice level, and child and family level.
12. Protect the rights of children and families and promote effective advocacy efforts.
13. Provide services and supports without regard to race, religion, national origin, gender, gender expression, sexual orientation, physical disability, socio-economic status, geography, language, immigration status, or other characteristics, and ensure that services are sensitive and responsive to these differences.

MEETING STRUCTURE

MEETING FREQUENCY

- Meet on a regular schedule as determined by the YFC Community.
- Meeting Agenda: Will be set by the Tri Leads based on input from YFC community.

MEETING OPERATIONS-IDENTIFIED ROLES

- Convener
- Note Taker
- Tri-Leads to Facilitate
- Time Keeper

QUORUM FOR DECISION MAKING

At least 51% of membership needs to be present for a quorum for the purpose of making a decision.

VOTING POLICIES AND CONCENSUS

YFC will made decisions by establishing a soft consensus, wherein no members vocally object. In the event a soft consensus is not reached the YFC will decode through one of two types of democratic votes.

1. When there are two feasible options to select from, a two thirds or more majority vote will be needed to move forward with a given option.
2. When there are three or more possibilities to choose among, a plurality will be sought wherein the option that receives the greatest number of votes will be selected even if that number is less than half of the total votes.

REIMBURSEMENTS FOR YOUTH AND FAMILY YFC MEMBERS

- The North Sound Behavioral Health Organization (BHO) currently provides one meal per each YFC meeting. This may be a light breakfast, light lunch, or light dinner, according to the meeting time. This will be arranged in advance of each monthly meeting.
- The YFC may provide gift cards to youth and families who attend to incentivize membership of the Coalition. We can provide gift cards to reimburse for travel to the FYSPRT meeting. There is a limit per family, capped at (2) gift cards per family, if both a youth and their parent(s) attend.
- At this time, the YFC does not provide childcare for younger children.

GROUND RULES AND NORMS

1) All members of the FYSPRT should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts.

- 2) The discussion should not be dominated by any one person.
- 3) A variety of points of view are to be put forward and discussed during meetings.
- 4) Participants can interpret research findings and discuss problems openly and respectfully, which may require them to set aside official roles in FYSPRT and the broader community.
- 5) All feedback must be delivered respectfully regardless of whether it is positive, negative, or merely clarifying or correcting factual questions or errors.
- 6) Arguments, while they may be spirited, must be based on the content of ideas and opinions, not on personalities.
- 7) Even in disagreement, there should be a collective understanding that the FYSPRT is working together to solve a relevant district problem.
- 8) When conflicting interpretations of data arise and problems are encountered the FYSPRT must address this diversity through allowing all participants involved in the conflict to state their point of view and their rationale for their stance.

YFC REGIONAL MEMBERSHIP

MEMBERSHIP MINIMUM REQUEST

North Sound Regional YFC membership is to be comprised of Family, Youth and System partners and Local Tri-Leads. Participants outside the membership are also welcome to attend and provide input and feedback regarding community needs. Members should make a Commitment to Participate in Monthly Meetings and/or YFC Engagement Activities.

TRI-LEADS

Terms: preferred minimum ask of 2 years

System Partner Tri-Lead: At the discretion of the YFC Contactor the first right of refusal will be given to the Children's Care Coordinator employed by the Regional Contracting Authority to take the role of System Partner Tri Lead.

Youth Partner Tri Lead: At the discretion of the YFC Contractor, the Youth Tri Lead will be connected to the Youth 'N Action movement.

Family Partner Tri Lead: At the discretion of the YFC Contractor, the family Tri Lead will be connected to the contracting organization.

Role of FYSPRT Tri-Leads

The Tri-Leads work with the Convener to ensure meeting tasks and deliverables are completed. Specifically, the Tri-Leads will be responsible for leading and organizing the Regional FYSPRT meetings, as well as conveying information to the Statewide FYSPRT and vice versa to the Regional FYSPRT. Collectively they will ensure safe and collaborative meetings so FYSPRT members can share their unique perspectives and experiences, sometimes in an anonymous manner, to improve outcomes for youth and families in their region. FYSPRT Tri-Leads will:

- ❖ Be active participants and leaders in order to facilitate meetings.
- ❖ Maintain regular contact with other system partners, Family Organizations, Youth Organizations, and/or youth leaders/facilitators of youth-led meetings and activities.
- ❖ Promote System of Care values in all aspects of their work.
- ❖ Identify community partners and resources for continual collaboration.
- ❖ Record, summarize, and present information to the community.
- ❖ Create a youth and family guided infrastructure so members feel supported and safe to share feedback (often anonymously with Tri-Leads) to increase independence and success.
- ❖ Participate in training opportunities and identify needed technical assistance and skill development opportunities for system partners, youth, and families.

- ❖ Support other state initiatives related to Children’s Behavioral Health.

Tri-Lead Position Descriptions and Responsibilities

Youth	X	Family	X	System Partner	X
Ability to check and respond to emails at least twice a week, unless otherwise communicated	x	Ability to check and respond to emails at least twice a week, unless otherwise communicated	x	Ability to check and respond to emails at least twice a week, unless otherwise communicated	x
2 year minimum from appointment	x	2 year minimum from appointment	x	2 year minimum from appointment	x
Participate in regularly scheduled meetings	x	Participate in regularly scheduled meetings	x	Participate in regularly scheduled meetings	x
Attend all state-wide FYSPRT meetings	x	Attend all state-wide FYSPRT meetings	x	Attend all state-wide FYSPRT meetings	x
Participate in YNA meetings and activities as determined	x	Maintain regular contact/connection with Family Organization(s) in your region if applicable	x	Maintain regular contact with system partners in your region	x
Under age 25 and has personal lived experience	x	Is a parent or caregiver of a child with system involvement	x	Has demonstrated ability to foster relationships with youth and family	x
Preference youth in transition, has connections with youth leaders, understands youth culture, peer – lived experience recovery as a youth	x	Has connections with family leaders, understands family culture, peer – lived experience as a parent/caregiver, of a child with multisystem involvement	x	Has demonstrated ability to foster relationships with youth and family, is a champion for family driven and youth guided services, consistent with System of Care Values	x
Has actively participated in community for a minimum of 6 months	x	Has actively participated in community for a minimum of 6 months	x	Has actively participated in community for a minimum of 6 months	x
Is able to identify community partners and resources	x	Is able to identify community partners and resources	x	Is able to identify community partners and resources	x
Has access to email and phone on a consistent basis	x	Has access to email and phone on a consistent basis	x	Has access to email and phone on a consistent basis	x
Has the ability (or is willing to with training) to facilitate meetings	x	Has the ability (or is willing to with training) to facilitate meetings	x	Has the ability (or is willing to with training) to facilitate meetings	x
Ability to record information and share	x	Ability to record information and share	x	Ability to record information and share	x
Leadership Training	x	Leadership Training	x	Leadership Training	x
Quarterly check-ins with support staff	x	Quarterly check-ins with support staff	x	Quarterly check-ins with support staff	x
Include some kind of on-going evaluation	x	Include some kind of on-going evaluation	x	Include some kind of on-going evaluation	x
Attend all FYSPRT’s meetings and activities	x	Attend all FYSPRT’s meetings and activities	x	Attend all FYSPRT’s meetings and activities	x
Participate in YNA meetings and activities as determined	x	Participate in activities/meetings etc. with Family Organization(s) in	x	Participate in meetings with system partners to share the system of care values and	x

		your region if applicable		perspectives	
Participate in regularly scheduled community meetings	x	Participate in regularly scheduled community meetings	x	Participate in regularly scheduled community meetings	x
Summarize and present materials and information from FYSPRT meetings to community	x	Summarize and present materials and information from FYSPRT meetings to community	x	Summarize and present materials and information from FYSPRT meetings to community	x
Record and bring back information from youth in communities to FYSPRT meetings	x	Record and bring back information from families in communities to FYSPRT meetings	x	Record and bring back information from system partners in communities to FYSPRT meetings	x
Support WA state initiatives related to Children's Behavioral Health	x	Support WA state initiatives related to Children's Behavioral Health	x	Support WA state initiatives related to Children's Behavioral Health	x
Identify needed trainings and technical assistance for youth in communities. Assist with identifying youth/family/system partners and creating resources and skill development opportunities to infuse voice throughout the system	x	Identify needed trainings and technical assistance for families in communities. Assist with identifying youth/family/system partners and creating resources and skill development opportunities to infuse voice throughout the system	x	Identify needed trainings and technical assistance for system partners in communities. Assist with identifying youth/family/system partners and creating resources and skill development opportunities to infuse voice throughout the system	x
Participate in Tri-Lead preparatory activities prior to regional and state meetings	x	Participate in Tri-Lead preparatory activities prior to regional and state meetings	x	Participate in Tri-Lead preparatory activities prior to regional and state meetings	x

Role of FYSPRT Convener

There are options for how the regions may oversee and support Regional FYSPRT operations. For example:

- ❖ The regional contractor may appoint a “Convener” of the FYSPRT (i.e. historical FYSPRT contractors or other family and/or youth organizations) and delegate the appointment of FYSPRT members and operations of the Regional FYSPRT to the Convener.
- ❖ Based on how regional contractor define their community(s), they may select to have more localized groups that feed into their regional structure, to better meet the needs of that Region and address challenges and barriers as close to the community level as possible.

Ideally, the Regional FYSPRT convener shall be based in the Regional Service Area.

Ensuring adequate representation

- ❖ It is imperative that the regional contractor/Convener is represented at all meetings, including invitations to RSN Administrators, members of the Board of Directors, and the Mental Health Ombuds.
- ❖ The regional contractors/Convener shall engage with tribal governments and Washington counties, identified within the Service Area, to ensure the inclusion and representation of family, transition age youth/youth partners, and system partners in the development and implementation of the Regional FYSPRT.

ROLE OF REGIONAL MEMBERS

Regional YFC membership is comprised of Family, Youth and System Partner Regional and Local Tri Leads. Participants outside the membership are also welcome to attend and provide input and feedback regarding community needs.

It is intended that the Regional YFC leverage the experiences, expertise, and insight of key individuals, organizations, and departments that are committed to building a Systems of Care for children's behavioral health. Regional YFC members are not directly responsible for managing project activities, but provide support and guidance for those who do. Thus, individually, members will:

- ❖ Through education, collaboration and participation influence the movement toward the infusion of system of care values and principles in community organization, workforce development, policies, practice, financing, and structural change.
- ❖ Bring community, individual and agency strengths in completing necessary tasks.
- ❖ Identify barriers/challenges and approaches to resolve issues.
- ❖ Identify strengths/initiatives/projects of existing community and system agencies that support systems of care values and principles.
- ❖ Educate our system of care partners as we develop and grow.
- ❖ Develop problem solving approaches for moving forward.

Suggestions for Participant Make-up at the Regional Level:

- | | |
|----------------------------------------------------------------------------------------------|----------------------------------------|
| ❖ Representatives of local systems | ❖ Early Learning – Head Start |
| ❖ Community leaders that reflect the diversity in the community | ❖ Tribes |
| ❖ Community Organizations/networks/coalitions (Goodwill, Boys and Girls Club, at-risk youth) | ❖ Family & Youth groups/organizations |
| ❖ Faith Community | ❖ Family/Youth leaders |
| ❖ Children's Administration | ❖ Public Health |
| ❖ Juvenile Justice | ❖ 12-step groups |
| ❖ Mental Health | ❖ Youth-led programs |
| ❖ Chemical Dependency | ❖ Employers |
| ❖ Developmental Disabilities Admin. | ❖ Division Vocational Rehabilitation |
| ❖ Law Enforcement | ❖ Kinship groups |
| ❖ School district and ESD staff | ❖ Adult consumers |
| ❖ Military | ❖ Advocacy groups |
| | ❖ Foster Care youth and family groups |
| | ❖ College and University Campus groups |

COMMUNICATION

RESPONSIBILITIES FOR REGIONAL YFC TRI LEADS

- ❖ Create an Agenda for Regional YFC meetings
- ❖ Attend Statewide FYSPRT meetings and report meeting updates and outcomes to the Regional YFC;
- ❖ Post meeting notes and schedules to the website;
- ❖ Maintain communication with local YFCs, community members and work groups.
- ❖ Utilize the communication diagram as appropriate;
- ❖ Disseminate Statewide FYSPRT materials for review and recommendations to Regional and Local YFC participants;
- ❖ Participate in information sharing among Regional YFCs. Meeting Schedule: Meet on a regular schedule as determined by the YFC Community. Meeting Operations- Identified Roles
- ❖ Meeting Agenda: Will be set by the Tri Leads based on input from YFC community. Agenda will be distributed to members at least one week before the meeting occurs

RESOLVING COMMUNICATION PROBLEMS

When problem solving around an item or situation is needed, Regional members will first contact their Regional Tri Leads for discussion and brainstorming. If needed and appropriate, the item or situation will be added to the next Regional YFC agenda for discussion with the group. If the item or situation is not resolved within the Regional YFC group, the Regional Tri Leads would take the concern to the Statewide FYSPRT Tri Chairs for discussion and possible addition to the Statewide FYSPRT agenda.

QUALITY ASSURANCE PROCESSES

DATA REVIEW, REPORTS

On a quarterly basis, the YFC Convener prepares and submits a report to the Statewide FYSPRT, per the FYSPRT Contract Manual. We utilize an evaluation tool to track responses from participants at our monthly meetings, highlighting important results and tools for improvement. We are currently implementing new measures to evaluate the impact of the North Sound YFC. This includes a database to track the evaluation sheets each month, and create quarterly reports, as well as comparison reports quarter to quarter; a new Quarterly Report template (i.e. this document) to highlight strengths and needs moving forward; and the development of a system to track the progress towards our strategic plan. The reports are due to the state on a quarterly basis, April 10, July 10, October 10, and January 10.

SOCIAL MARKETING PLAN

Objective	<ul style="list-style-type: none">•Generate new YFC Members•Keep existing YFC Members
Audience	<ul style="list-style-type: none">•Youth and families that are interested in being an advocate for children's behavioral and mental health needs in Washington State
Strategy	<ul style="list-style-type: none">•Use social media outlets to drive traffic to website•Raise public interest in our five-county region of Snohomish, Skagit, Whatcom, Island, and San Juan counties•Create customer base for future event and meeting promotion•Become trusted source for information about Washington State behavioral and mental health needs for children and families
Outreach Tactics	<ul style="list-style-type: none">•Create Facebook page and tie in Twitter updates•Create Twitter account and send out content about mental and behavioral health news, updates, campaigns, events, and trainings in our five-county region•Update webpage and add contact us page, resources for information, add Charter, add social media links•Partner with other local organizations to get the word out about the YFC and promote events through Facebook or Twitter
Implementation Deadlines	<ul style="list-style-type: none">•June 30, 2017: Set up social media accounts•November 30, 2017: Create first YFC Event with partners and promote it with social media
Analytics	<ul style="list-style-type: none">•Number of web hits•Number of emails collected on website•Number of Facebook fans•Number of people that attend YFC meetings•Number of people that attend YFC events